



Messiah Lutheran Child Care Center

April, May and June 2018 Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| 4/2 4/30 5/28 6/25 | 4/3 5/1 5/29 6/26 | 4/4 5/2 5/30 6/27 | 4/5 5/3 5/31 6/28 | 4/6 5/4 6/1 6/29 |
|---|---|--|--|---|
| Popcorn Chicken ~ House-Made BBQ Dip Green Beans Apple WG House-Made Dinner Roll* | Turkey & Cheese Wrap ~ Mustard Shredded Lettuce QC Vegetable Blend Banana WG Soft Flour Tortilla* | Macaroni & Cheese CV: Cucumber Slices ~ House-Made Ranch Dip HV: Broccoli Watermelon WG House-Made Bread* | Swedish Meatballs Herbed Potatoes Diced Carrots Orange WG House-Made Bread* | BBQ Beef Patty Sandwich NEW! CV: Creamy Cucumber Salad HV: 3 Way Vegetables Cantaloupe WG House-Made Hamburger Bun* |
| 4/9 5/7 6/4 | 4/10 5/8 6/5 | 4/11 5/9 6/6 | 4/12 5/10 6/7 | 4/13 5/11 6/8 |
| Spaghetti & Meatballs in Marinara Sauce Broccoli Orange WG House-Made Dinner Roll* | Chicken Patty Sandwich ~ House Made BBQ Sauce Peas & Carrots Banana WG House-Made Hamburger Bun* | Turkey Hot Dog ~ House-Made Ketchup WG Pasta Salad* Green Beans Pineapple Hot Dog Bun | Shells & Cheese CV: Celery Sticks ~ House-Made Ranch Dip HV: Diced Carrots Apple WG House-Made Bread* | Sloppy Joe NEW! CV: Coleslaw HV: Cauliflower Watermelon WG Mini Hamburger Bun* |
| 4/16 5/14 6/11 | 4/17 5/15 6/12 | 4/18 5/16 6/13 | 4/19 5/17 6/14 | 4/20 5/18 6/15 |
| NEW! Crispy Chicken Mashed Potatoes Diced Carrots Apple WG House-Made Dinner Roll* | Chicken Fried Rice Green Beans Banana WG House-Made Bread* | Chicken Nuggets ~ House-Made BBQ Dip CV: Southwestern Salad HV: Peas & Carrots Melon Mix WG House-Made Bread* | Meatball Marinara Rofini Pasta CV: Tossed Salad ~ House-Made Ranch Dressing HV: 3 Way Vegetables Orange WG House-Made Bread* | Turkey Hot Dog ~ House-Made Ketchup WG Macaroni & Cheese* Broccoli Pineapple Hot Dog Bun |
| 4/23 5/21 6/18 | 4/24 5/22 6/19 | 4/25 5/23 6/20 | 4/26 5/24 6/21 | 4/27 5/25 6/22 |
| Baked Mostaccioli Peas & Carrots Orange WG House-Made Dinner Roll* | Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla* | QC Griddle Sandwich Pancakes* & Chicken Sausage American Cheese ~ Syrup Diced Sweet Potatoes Apple | Parmesan Noodles & Chicken CV: Cucumber Slices ~ House-Made Ranch Dip HV: Green Beans Watermelon WG House-Made Bread* | NEW! Cheese Ravioli in Marinara Sauce CV: Tossed Salad ~ House-Made Italian Dressing HV: QC Vegetable Blend Cantaloupe WG House-Made Bread* |

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Courtney Burrows, MBA, RDN, LDN

(*) Denotes item is whole grain

Menus are subject to change

Follow Us On:    Find us on Instagram

www.qualitycateringforkids.com

Phone (847) 356-7513 ~ Fax (847) 356-8014