



Messiah Child Care Lunch Menu

April ~ May ~ June 2022

www.deliciousdaycaremeals.com



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/4 5/2 5/30 6/27	4/5 5/3 5/31 6/28	4/6 5/4 6/1 6/29	4/7 5/5 6/2 6/30	4/8 5/6 6/3 7/1
Chicken Nuggets HM Ketchup Rotini Pasta Sauteed Cabbage Orange WG Delicious-Made Bread*	Turkey & Gravy Steamed Rice Green Peas Banana WG Delicious-Made Dinner Roll*	Macaroni & Cheese HV: Cauliflower CV: Fresh Broccoli Delicious-Made Italian Dressing Pine-Melon WG Delicious-Made Bread*	Italian Meatballs in Marinara Rotini Pasta Butternut Squash Pear WG Delicious-Made Bread*	Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese HV: Roasted Vegetables CV: Cucumber Slices Delicious-Made Ranch Dressing Mixed Melon WG Soft Flour Tortillas*
4/11 5/9 6/6	4/12 5/10 6/7	4/13 5/11 6/8	4/14 5/12 6/9	4/15 5/13 6/10
BBQ Diced Turkey Steamed Rice Peas & Carrots Applesauce WG Delicious-Made Dinner Roll*	Salisbury Meatballs Penne Pasta Green Beans Banana WG Delicious-Made Dinner Roll*	Beef Nachos Shredded Cheddar Cheese Sour Cream HV: Diced Carrots CV: Southwest Bean Salad Pear WG Corn Tortilla Chips*	Turkey Hot Dog HM Ketchup Baked French Fries Broccoli Orange WG Hot Dog Bun*	Chicken Parmesan w/Noodles HV: Green Peas CV: Cucumber Slices Delicious-Made Ranch Dressing Mixed Melon WG Delicious-Made Bread*
4/18 5/16 6/13	4/19 5/17 6/14	4/20 5/18 6/15	4/21 5/19 6/16	4/22 5/20 6/17
Baked Mostaccioli Diced Carrots Applesauce WG Delicious-Made Bread*	Chicken Nuggets HM Ketchup Mashed Potatoes Broccoli Banana WG Delicious-Made Bread*	Turkey Ham Wrap Shredded Lettuce Shredded Cheddar Cheese HV: Roasted Peppers CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Mixed Melon WG Soft Flour Tortilla*	Chicken Fried Rice Cauliflower Orange WG Delicious-Made Bread*	Cheese Ravioli in Marinara Sauce HV: Green Peas CV: Tossed Salad Delicious-Made Italian Dressing Apple WG Delicious-Made Bread*
4/25 5/23 6/20	4/26 5/24 6/21	4/27 5/25 6/22	4/28 5/26 6/23	4/29 5/27 6/24
Turkey Hot Dog HM Ketchup Baked French Fries Diced Carrots Orange WG Hot Dog Bun*	Macaroni & Cheese Brussel Sprouts Banana WG Delicious-Made Bread*	Turkey w/ Country Gravy Penne Pasta HV: Green Beans CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Honeydew WG Delicious-Made Corn Bread*	Egg Frittata w/ Turkey Ham Delicious-Made French Toast Syrup Cauliflower Apple	Ziti Pasta w/ Chicken HV: Broccoli CV: Cucumber Slices Delicious-Made Italian Dressing Mixed Melon WG Delicious-Made Bread*

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menus are subject to change.

(*) Item is WHOLE GRAIN.

****ENTRÉES ARE DELICIOUS MADE (made from scratch)**

***What is Delicious Made** (de-li-cious made | di-'li-shas mād)?

Delicious Made means no sugar, no preservatives, no chemicals, no high-fructose corn sweetener, no trans fats
Our Delicious Made, 100% Certified Organic meals are yummy, healthy, affordable and all-natural!